



PsychEdit Services News

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An absolutely free publication meant for the loyal customers of PsychEdit Services—filled with tips, links, and current events.

APA Focuses on Interdisciplinary Research

False Friends

- **Consequently** (English) vs. **konsequent** (Deutsch)—the word in English means the same as the German word *foglich*. *Konsequent* in German is the same as the English word *consistently*.
- **Bureau** (AE) vs. **Bureau** (BE)—in American English, this refers to a chest of drawers. In British English, this word refers to a writing desk. However, in both AE and BE, this word can also mean a public or government office.

Confusing English Words & Spelling

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|--|--|
| accept
— to agree to receive something or to do something. | except
— something that is not included |
| stationary
— not moving | stationery
— writing materials such as matching paper and envelope |
| envelop
— to cover or surround | envelope
— a paper container for |
| elicit
— to draw out a reply or reaction | illicit
— not allowed by law or rules |

The first bit of evidence that APA has taken up the call by the National Academy of Sciences' (NAS; 2004) for professional societies to seriously address impediments to interdisciplinary science can be seen in the 2011 APA Education Leadership Conference in Washington, D.C., which held the theme *Interdisciplinary and Interprofessional Teaching, Research, and Practice*. The conference included discussions on issues such as psychology's future as a discipline, training students for interdisciplinary careers, and the challenges involved in interdisciplinary science. Some of the challenges immediately in focus include that most universities are structured and organized by departments, with little financial incentives to engage in interdisciplinary research or teaching;

that promotions and tenure are usually granted to first authors of top journals within a single discipline; that hiring decisions are typically made without clear interdepartmental communication or agreement; and that other disciplines often do not consider psychologists to be "real" scientists.

Another bit of evidence comes from statements by APA's President, Dr. Suzanne Bennett. She formed an interorganizational work group to identify solutions to the barriers to interdisciplinary research in psychology as one of her presidential initiatives. She states that "psychology must address both the considerable institutional barriers to interdisciplinary science and train the next generation of psychological scientists to effectively advocate for psychology as a science."

In an article published in the March edition of APA's *Monitor*, the headline reads, "Early career psychologists who take an interdisciplinary approach are finding career satisfaction and more opportunities" (Smith, 2012). The article highlights three psychologists as they successfully navigate work in healthcare, the community, and public policy.

Additionally, in May of 2012, APA's Board of Educational Affairs announced five awards it recently issued to education and training programs that "are advancing interdisciplinary, multidisciplinary or interprofessional teaching, research or practice in psychology" (<http://www.apa.org/monitor/2012/05/interdisciplinary.aspx>)

There's no doubt about it, working on an interdisciplinary team can be good for your career!

PsychEdit Services New Customer Referral Discount

Since its inception, PsychEdit Services has relied on the word-of-mouth referrals of its long-term customers to drive its growth. I believe that my work should speak for itself; that when I am able to offer a quality and reliable technical editing service, at an affordable price, my customers will naturally want to refer my services to new customers.

It has also been a long-standing

policy of PsychEdit Services to reward such referrals by offering a valuable discount of up to 25% for future editing projects to those customers who refer others to the service.

Thanks to your referrals, PsychEdit Services has been growing each year! However, there is still more room to grow...

If you have been pleased with the level of expertise your

writing has received during the editing process, and if you have felt satisfied with the quality and reliability of this service, then I ask you to continue to refer your colleagues and friends to PsychEdit Services. In the next few weeks, I will be mailing some business cards to you that you can use to hand out to people as you attend conferences and other events. The discount still stands! Thank you for your support!!!

First Author Chris Englert to be Published in the *Journal of Sports and Exercise Psychology*

Anxiety, Ego Depletion, and Sports Performance

In the present article, we analyzed the role of self-control strength in sports performance. We tested the hypothesis that self-control strength moderates the relation between state anxiety and sports performance on the basis of two studies each using a different sports task (Study 1: Performance in a basketball free-throw task, $N = 64$; Study 2: Performance in a dart task, $N = 79$). In line with our assump-

tions, the patterns of results were as expected in both studies: Participants with depleted self-control strength performed worse in the specific tasks as their anxiety increased, while there was no significant relation for participants with fully available self-control strength. The results deliver possible, practical implications: Increasing self-control strength could reduce the negative anxiety effects in sports and improve athletes' performance under pressure.



Dipl. -Psych. Chris Englert studies at the University of Mannheim in the department of Educational Psychology. His topics of interest include Sports Psychology, self-regulatory capacity and ego depletion, test anxiety, and expectation of success.

English Grammar Tip

The en dash vs. the em dash: The en dash, the length of an *n*, is used for ranges of time instead of the word *to* (e.g., 2001–2003). It can also be used to display opposite ends of a spectrum (e.g., love–hate relationship) or as an open compound (e.g., Arizona–Nevada border). The em dash, the length of an *m*, can be used in place of two commas or parentheses to offset a divergent thought in a sentence (e.g., *You are the only person—aside from all the others—who knows this secret*). It can also be used in place of a colon or semi-colon, but it should be used sparingly in formal writing in this regard.

APA Style Tip

Errors in the APA Style Manual 6th Edition

It may be shocking to learn this, but even style manuals can sometimes have errors. Take, for example, the 6th edition to the APA Style Manual. I received one of the first copies as soon as it became available in October of 2010, and upon reading through it, I immediately became puzzled over several inconsistencies within the guidelines. I soon learned that I was not alone. Online debates ensued and resulted in a list of corrections, later published by APA. A link to the list is provided below.

<http://supp.apa.org/style/PM6E-1st-Printing-Reprint-Corrections.pdf>

Announcements

APA comes out with a new style guide for electronic references.

[Click Here to Preview](#)

New APA Journal International Perspectives in Psychology: Research, Practice, Consultation

[Click Here to Preview](#)

Website of the Quarter!

[Dr. Mezmer's Psychlopedia of Bad Psychology](#)

Psych Humor

Question:

How many Freudian psychologists does it take to screw in a light bulb?

Answer:

Two. One to change the light bulb and one to hold the penis... I mean ladder!